



Pancake, WG, 1.2oz

Product Details:

Item Number: 49049

Pack Size: 144/1.2 oz.

Serving Per Case: 72

Net Weight: 10.8 lbs.

Sales Price Per EACH: N/A

Case Price: N/A

Kosher: Yes

Meal Contribution: 2 pancakes (2.4oz) = 2 GRN

Class: Always Available

Shelf Life: 1 year

Temperature Class: Frozen

Cook State: Fully Cooked

GTIN-12 UPC: 78629472016

GTIN-14:

Ingredients:

Whole Wheat Flour, Water, Buttermilk, Sugar, Dextrose, Soybean Oil, Baking Powder, Whole Eggs, Salt.

Allergen Statement:

Contains: Wheat, Milk, Egg.

Nutrition Facts

This is a representation of the nutritional label. The nutritional label on the product may vary.

Serving Size	2.4oz
Amount Per Serving	
Calories	130
% Daily Value *	
Total Fat 2g	3%
Saturated Fat 0g	—
Trans Fat 0g	—
Cholesterol 5mg	2%
Sodium 240mg	10%
Total Carbohydrate 26g	9%
Dietary Fiber 3g	11%
Total Sugars 6g	—
Incl. Added Sugars 5	10%
Protein 4g	—
Vitamin D 0mcg	0%
Calcium 63mg	4%
Iron 1mg	6%
Potassium 111mg	2%

* The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



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Bid Specifications:

Bulk whole grain pancakes. Must provide 2 oz equivalent for the Grain contribution and is whole grain rich under the School Breakfast Program. Individual serving size of 2 pancakes at 2.4 oz. Pancakes must be nut-free and processed in a nut free facility. No artificial flavors, or artificial colors. Stored frozen for a minimum of 1 year. Each serving shall not exceed 130 calories, minimum 3 grams of fiber, and 4 grams of protein. Pack: 144/1.2 oz

Preparation and Additional Information:

Instructions for Preparation and Cooking:

Keep frozen until ready to serve. Do not refreeze thawed product. Adults supervise heating by children. Remove pancakes from plastic packaging.

TO MICROWAVE

- Place desired number of frozen pancakes on a microwave safe plate. Microwave on HIGH until warm.

1 Pancake : 25 to 30 Seconds

2 Pancakes : 40 to 45 Seconds

3 Pancakes : 1 minute to 1 minute 15 seconds.

Let cool for 1 minute before serving.

Microwave ovens vary greatly; use these instructions as guide only.

TO BAKE

CONVENTIONAL OVEN

- Preheat oven to 375 °F.

Place pancakes on a sheet pan, cover with foil and bake for 5 minutes or until hot.

For a crisper texture, bake uncovered.

CONVECTION OVEN

- Preheat oven to 350 F.

Place pancakes on a sheet pan, cover with foil and bake 3.75 minutes or until hot.

For a crisper texture, bake uncovered.

TO TOAST

- Set toaster at LIGHTEST or LOWEST heat setting.

Remove pancake from plastic wrap.

Place 1 Pancake in each toaster slot.

Toast for 1 or 2 Toaster cycles until warm.

Logistics Information:

Gross Weight: 11.8 lbs

Case Dimensions: 12.94 X 11.7 X 10.3

Pallet Count: 84

Double Stack: No
National Food Group

Cube: 0 902

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