# <u>Always</u> Available.





# Haddock, Breaded Portion, 4oz

#### **Product Details:**

**Item Number:** 85085 **Pack Size:** 80/4 oz. **Kosher:** No

Serving Per Case: 80 Meal Contribution:
Net Weight: 20 lbs. Class: Always Available
Shelf Life: 18 months

Temperature Class: Frozen

Sales Price Per EACH: N/A Cook State: Uncooked

Case Price: N/A GTIN-12 UPC:

GTIN-14: 10028641108005

# **Nutrition Facts**

**Calories** 

This is a representation of the nutritional label. The nutritional label on the product may vary.

Serving Size	4 oz.
Amount Per Serving	

120

<b>G</b>	100
	% Daily Value *
Total Fat 6g	8%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 40mg	14%
Sodium 390mg	17%
Total Carbohydrate 16g	6%
Dietary Fiber 1g	2%
Total Sugars 1g	
Incl. Added Sugars	-
Protein 14g	_
Vitamin D 0mg Calcium 0mg Iron 1.1mg	0% 0% 6% 6%
Potassium 240mg	69

<sup>\*</sup> The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

# **Ingredients:**

HADDOCK, WATER, ENRICHED WHEAT FLOUR (FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), ENRICHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), VEGETABLE OIL (CANOLA, COTTONSEED, AND/OR SOYBEAN), CONTAINS 2% OR LESS OF: ENRICHED YELLOW CORN FLOUR (CORN FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), NATURAL FLAVOR, YELLOW CORN FLOUR, YEAST, SUGAR, BLEACHED WHEAT FLOUR, SALT, LEAVENING (SODIUM BICARBONATE, SODIUM ALUMINUM PHOSPHATE), DEXTROSE, PAPRIKA EXTRACT (COLOR), SODIUM TRIPOLYPHOSPHATE (TO RETAIN MOISTURE).

# Allergen Statement:

Contains Haddock, Wheat

#### **Benefits and Suggested Use:**

SUGGESTED COOKING INSTRUCTIONS: Conventional Oven: Bake on sheet pan in 425°F in preheated oven for 15-20 minutes.

Convection Oven: Bake on sheet pan in oven set to 375°F for approx. 15

minutes

#### **National Food Group**

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### **Bid Specifications:**

HEART HEALTHY BREADED FISH: Must be Haddock. Must be uniform 4 oz size and rectangle shape. Must be cut from block and whole muscle fish. Breaded must be Par-Fried and Bakeable.

Must be Low Sodium - not to exceed 390mg per 4 oz portion. Must have Minimum of 14g protein per 4 oz portion. Total fat not to exceed 6g per 4 oz. Pack 80/4 oz portions. National Food Group brand or approved equal.

## **Preparation and Additional Information:**

#### **Instructions for Preparation and Cooking:**

Conventional Oven: Baked on sheet pan in 425 F preheated oven for approx 15-20 minutes. Convection Oven: Bake on sheet pan in oven set to 375 F approx 15 minutes

### **Logistics Information:**

Gross Weight: 22 lbs

**Case Dimensions:** 15.7 X 11.7 X 10.9

Pallet Count: 40 Double Stack: Yes Cube: 1.159

Block and Tier: 10 and 4

The information provided above is, to the knowledge of National Food Group, true and accurate based on information provided to National Food Group; provided that National Food Group does not make any express or implied warranties with respect to any such information shall have no liability for any inaccuracies contained in any such information.

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