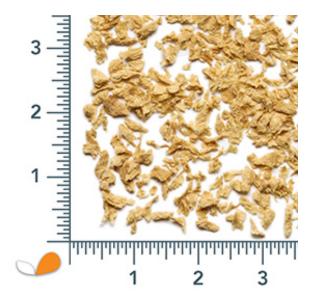
# Always Available.





# Plant Protein, Classic Flake, "Tuna", (3000N)

#### **Product Details:**

Item Number: 89250Pack Size: 25 lb. bagKosher: YesServing Per Case: 1Meal Contribution:Net Weight: 25 lbs.Class: Always Available

Shelf Life: 24 months from production

date

Temperature Class: Dry Sales Price Per LB: N/A Cook State: Uncooked

Case Price: N/A GTIN-12 UPC: GTIN-14:

### **Ingredients:**

Soy Flour.

### **Allergen Statement:**

Soy

### **Benefits and Suggested Use:**

Replacing 50% of Tuna w/ ULTRA-SOY 3000 N hydrated 1.5:1 Add Tuna, mayonnaise, Soy Flakes, Relish and Water. Mix Well. Allow to hydrate for 15 minutes.

ALL PURPOSE SOY FLOUR can be used to extend meat OR in baking applications. Use for SUPER MUFFIN or as a TUNA EXTENDER TOO!

- Do not re-hydrate with boiling water. Product hydrates best with warm water.
- Longer hydration will produce a better yield.
- Ideal to re-hydrate within the sauce/recipe so the soy absorbs as much flavor as possible
- Re-hydrate by weight, not by volume
- If you re-hydrate in a kettle, put in the soy last (when you would the spices) as you want to avoid scalding the soy! Product is Vegan

FOR A 1 LB SAMPLE OF SOY = ADD 50 oz or about 3 lbs of Tuna Fish (in water) + Relish and Mayonnaise to Taste. Chill 15 minutes. Then you MAY need to add additional water or relish to get desired consistency & yield.

### National Food Group

 $\textbf{Email:} \ info@national foodgroup.com \ . \ \ \textbf{Direct:} \ 800.886.6866$ 

Fax: 248.669.3000

46820 Magellan Dr., Suite A, Novi, MI 48377-2454

www.nationalfoodgroup.com . Call Toll Free: 800.886.6866

## **Nutrition Facts**

This is a representation of the nutritional label. The nutritional label on the product may vary.

Serving Size	3.5 oz Dry
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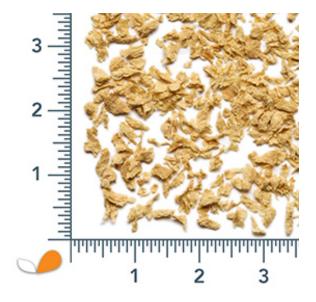
Amount Per Serving

Calories	282
	% Daily Value *
Total Fat 1g	2%
Saturated Fat 0.50	_
Trans Fat 0g	
Cholesterol 0g	0%
Sodium 15	0.625%
Total Carbohydrate 36g	12%
Dietary Fiber 22g	88%
Total Sugars 14g	
Incl. Added Sugars 0g	0%
Protein 50g	_
Vitamin D Calcium 358mg Iron 8mg Potassium 2277mg	2% 35% 44%

\* The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general

# Always Available.





# Plant Protein, Classic Flake, "Tuna", (3000N)

### **Bid Specifications:**

Soy Flakes: unflavored, uncolored, flaked soy protein. Use as in baking or as a meat or tuna extender! 2 year dry storage shelf life. Vegan, Kosher and Halal too! Pack 25 lb BAG. National Food Group item 89250 or approved equal.

### **Preparation and Additional Information:**

#### **Instructions for Preparation and Cooking:**

To hydrate, add 1 part plant protein to 1.5 part water by weight and set aside for 15 minutes. Add the hydrated plant protein into your formula or recipe to partially or completely replace meat. The optimal level of hydration varies with the application.

YIELD: 1.5:1 UP TO 3:1 as prepared when hydrated.

#### TIPS:

- Do not re-hydrate with boiling water. The product hydrates best with warm water
- Longer hydration will produce a better yield.
- Ideal to rhydrate within the sauce/recipe so the soy absorbs as much flavor as possible
- Hydrate by weight, not by volume
- If you hydrate in a kettle, put in the plant protein at the same time as when you would the spices as you want to avoid scalding

### **Logistics Information:**

Gross Weight: 26 lbs

 $\textbf{Case Dimensions:}\ 19.5\ X\ 5\ X\ 36$ 

Pallet Count: 56
Double Stack: Yes
Cube: 2.031

Block and Tier: 4 and 14

The information provided above is, to the knowledge of National Food Group, true and accurate based on information provided to National Food Group; provided that National Food Group does not make any express or implied warranties with respect to any such information shall have no liability for any inaccuracies contained in any such information.

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Fax: 248.669.3000

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