



Fish, Pollock, Beer Battered Fillet, FC, 2-4 oz.

Product Details:

Item Number: 618412
Pack Size: 1/10 lb.
Serving Per Case: 49
Net Weight: 10 lbs.

Kosher: No
Meal Contribution:
Class: Always Available
Shelf Life: 730 days
Temperature Class: Frozen
Cook State: Fully Cooked
GTIN-12 UPC:
GTIN-14: 610379328157

Sales Price Per LB: N/A
Case Price: N/A

Ingredients:

FISH (POLLOCK), ENRICHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), CANOLA OIL, WATER, MODIFIED CORN STARCH, YELLOW CORN FLOUR, CONTAINS LESS THAN 2% OF: DISODIUM INOSINATE AND DISODIUM GUANYLATE, MALTODEXTRIN, NATURAL AND ARTIFICIAL FLAVORS, AUTOLYZED YEAST EXTRACT, SALT, LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE, MONOCALCIUM PHOSPHATE), DEXTROSE, XANTHAM GUM, SPICES, SILICON DIOXIDE (TO PREVENT CAKING), SUGAR, SOYBEAN OIL (AS A PROCESSING AID), GUM ARABIC, MALT SYRUP (CONTAINS BARLEY).

Benefits and Suggested Use:

- 0 Trans Fat
- Perfect Portion Control
- < 35% total calories from fat.
- < 10% total calories from saturated fat.
- < 400 mg sodium

Nutrition Facts

This is a representation of the nutritional label. The nutritional label on the product may vary.

Serving Size	3.25 oz.
Amount Per Serving	
Calories	180
% Daily Value *	
Total Fat 10g	15%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 25mg	8%
Sodium 590mg	25%
Total Carbohydrate 15g	5%
Dietary Fiber 0g	0%
Total Sugars 0g	
Incl. Added Sugars	—
Protein 8g	—
Vitamin D	—
Calcium	2%
Iron	2%
Potassium	—

* The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

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Preparation and Additional Information:

Instructions for Preparation and Cooking:

COOKING INSTRUCTIONS: FRYER: DEEP FRY PORTIONS AT 180°C (360° F). COOK FOR 4-6 MINUTES UNTIL GOLDEN BROWN.

CONVECTION OVEN: #PREHEAT OVEN TO 190°C (375°F). PLACE FROZEN FISH ON A LINED SHEET PAN AND HEAT FOR 14-18 MINUTES.

ADJUST COOKING TIME DEPENDING UPON PRODUCT'S NATURAL THICKNESS AND APPLIANCE CHARACTERISTICS. COOKING TIMES MAY VARY. FISH IS COOKED WHEN AN INTERNAL TEMPERATURE OF 74°C (165°F) IS REACHED.

HANDLING INSTRUCTIONS: Keep Frozen @ -10° F or Below until ready to prepare.

Logistics Information:

Gross Weight: 11 lbs

Case Dimensions: 13.5 X 10 X 6.75

Pallet Count: 140

Cube: 0.527

Block and Tier: 14 and 10

The information provided above is, to the knowledge of National Food Group, true and accurate based on information provided to National Food Group; provided that National Food Group does not make any express or implied warranties with respect to any such information shall have no liability for any inaccuracies contained in any such information.

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