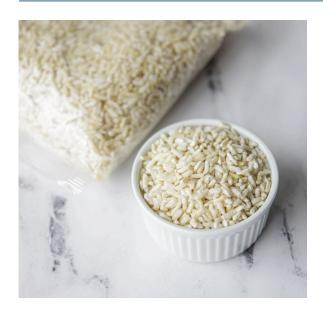
# Always Available.





# Rice, Brown, Long Grain, IQF

### **Product Details:**

Item Number: 618234

Pack Size: 12 / 2lb.

Kosher: Yes

Serving Per Case: 53

Net Weight: 24 lbs.

Class: Always Available
Shelf Life: 18 months
Temperature Class: Frozen

Case Price: N/A GTIN-12 UPC:

GTIN-14: 00810358033007

Cook State: Fully Cooked

# Ingredients:

Water, Medium Grain Brown Rice

Sales Price Per LB: N/A

# **Nutrition Facts**

This is a representation of the nutritional label. The nutritional label on the product may vary.

| Serving Size | 7.13 oz.(1 c) |
|--------------|---------------|
|--------------|---------------|

Amount Per Serving

## **Calories**

220

|  | % Daily Value *      |
|--|----------------------|
| Total Fat 2g   | 2%                   |
| Saturated Fat .4g  | 0%                   |
| Trans Fat 0g   |                      |
| Cholesterol 0mg  | 0%                   |
| Sodium 10mg  | 0.4%                 |
| Total Carbohydrate 46g                                       | 17%                  |
| Dietary Fiber 3g   | 10%                  |
| Total Sugars .7g   |                      |
| Incl. Added Sugars 0g  | 0%                   |
| Protein 5g   | 10%                  |
| Vitamin D 0mcg<br>Calcium 20mg<br>Iron 1mg<br>Potassium 86mg | 0%<br>2%<br>4%<br>2% |

<sup>\*</sup> The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### **Allergen Statement:**

None

#### **Benefits and Suggested Use:**

This fully cooked, IQF brown rice is ready to use! Just thaw, warm, and serve. Use it anywhere you would use brown rice. Great to use it in applications such as bowls, sides, or mix with other grains to create your own custom blend!

#### **National Food Group**

 $\textbf{Email:} \ info@nationalfoodgroup.com \ . \ \ \textbf{Direct:} \ 800.886.6866$ 

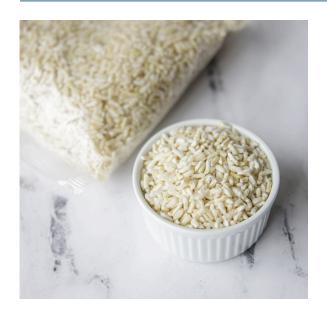
Fax: 248.669.3000

46820 Magellan Dr., Suite A, Novi, MI 48377-2454

www.nationalfoodgroup.com . Call Toll Free: 800.886.6866

# Always Available.





# Rice, Brown, Long Grain, IQF

# **Preparation and Additional Information:**

**Instructions for Preparation and Cooking:** 

The product is ready to eat. No cooking or heating is required.

If heating is desired product can be microwaved, steamed, or sautéed.

For the microwave: Poke a small hole in the bag and microwave for about 5-6 mins per bag, these times may vary based on the type and power of the microwave.

Boil in a bag/Steam in bag: Place bag in boiling water or steamer for 5-10 minutes (2 lbs)

Sautee: Preheat the pan and add a small amount of oil. Add product and cook until heated.

## **Logistics Information:**

Gross Weight: 25 lbs

**Case Dimensions:** 16.14 X 12.20 X 7.48

Pallet Count: 56
Double Stack: No
Cube: 0.852

Block and Tier: 7 and 8

The information provided above is, to the knowledge of National Food Group, true and accurate based on information provided to National Food Group; provided that National Food Group does not make any express or implied warranties with respect to any such information shall have no liability for any inaccuracies contained in any such information.

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