



Rice, Brown, Long Grain, IQF

Product Details:

Item Number: 618234  
Pack Size: 12 / 2lb.  
Serving Per Case: 53  
Net Weight: 24 lbs.  
Kosher: Yes  
Meal Contribution: 2 GRN  
Class: Always Available  
Shelf Life: 18 months  
Temperature Class: Frozen  
Cook State: Fully Cooked  
GTIN-12 UPC:  
GTIN-14: 00810358033007

Ingredients:

Water, Medium Grain Brown Rice

Allergen Statement:

None

Benefits and Suggested Use:

This fully cooked, IQF brown rice is ready to use! Just thaw, warm, and serve. Use it anywhere you would use brown rice. Great to use it in applications such as bowls, sides, or mix with other grains to create your own custom blend!

Nutrition Facts

This is a representation of the nutritional label. The nutritional label on the product may vary.

Serving Size	7.13 oz.(1 c)
Amount Per Serving	
Calories	220
	% Daily Value *
Total Fat 2g	2%
Saturated Fat .4g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 10mg	0.4%
Total Carbohydrate 46g	17%
Dietary Fiber 3g	10%
Total Sugars .7g	
Incl. Added Sugars 0g	0%
Protein 5g	10%
Vitamin D 0mcg	0%
Calcium 20mg	2%
Iron 1mg	4%
Potassium 86mg	2%

\* The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

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### Preparation and Additional Information:

#### Instructions for Preparation and Cooking:

The product is ready to eat. No cooking or heating is required.

If heating is desired product can be microwaved, steamed, or sautéed.

For the microwave: Poke a small hole in the bag and microwave for about 5-6 mins per bag. these times may vary based on the type and power of the microwave.

Boil in a bag/Steam in bag: Place bag in boiling water or steamer for 5-10 minutes (2 lbs)

Sautee: Preheat the pan and add a small amount of oil. Add product and cook until heated.

### Logistics Information:

**Gross Weight:** 25 lbs

**Case Dimensions:** 16.14 X 12.20 X 7.48

**Pallet Count:** 56

**Double Stack:** No

**Cube:** 0.852

**Block and Tier:** 7 and 8

The information provided above is, to the knowledge of National Food Group, true and accurate based on information provided to National Food Group; provided that National Food Group does not make any express or implied warranties with respect to any such information shall have no liability for any inaccuracies contained in any such information.

#### National Food Group

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