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## **Nutrition Facts**

This is a representation of the nutritional label. The nutritional label on the product may vary.

**Serving Size** 

3.5 oz.

Amount Per Serving Calories	127
	% Daily Value *
Total Fat 0.5g	0.7%
Saturated Fat 0.07g	0.3%
Trans Fat 0g	
Cholesterol Omg	0%
Sodium 2mg	0.08%
Total Carbohydrate 22g	7%
Dietary Fiber 7.4g	29%
Total Sugars 0.32g	
Incl. Added Sugars 0g	0%
Protein 8.7g	_
Vitamin D Calcium 28mg Iron 2.9mg Potassium 403mg	_ 2.8% 16% _

\* The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## Beans, Red Kidney, IQF

### **Product Details:**

Item Number: 618219 Pack Size: 12 / 2lb. Serving Per Case: 109 Net Weight: 24 lbs.

Sales Price Per LB: N/A Case Price: N/A

Kosher: Yes **Meal Contribution:** Class: Always Available Shelf Life: 18 months Temperature Class: Frozen Cook State: Fully Cooked GTIN-12 UPC: GTIN-14: 00810358033342

## **Ingredients:**

Red Kidney Beans, Water

## Allergen Statement:

None

#### **National Food Group**

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## Beans, Red Kidney, IQF

## **Preparation and Additional Information:**

Instructions for Preparation and Cooking:

The product is ready to eat. No cooking or heating is required.

If heating is desired product can be microwaved, steamed, or sautéed.

For the microwave: Poke a small hole in the bag and microwave for about 5-6 mins per bag. these times may vary based on the type and power of the microwave.

Boil in a bag/Steam in bag: Place bag in boiling water or steamer for 5-10 minutes (2 lbs)

Sautee: Preheat the pan and add a small amount of oil. Add product and cook until heated.

### **Logistics Information:**

Gross Weight: 25 lbs Case Dimensions: 0 X 0 X 0 Pallet Count: 56 Cube: 0 Block and Tier: 7 and 8

The information provided above is, to the knowledge of National Food Group, true and accurate based on information provided to National Food Group; provided that National Food Group does not make any express or implied warranties with respect to any such information shall have no liability for any inaccuracies contained in any such information.

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