



Kosher Meal, Spanish Omelet, 7 oz.

Product Details:

Item Number: 617937
Pack Size: 12/7 oz.
Serving Per Case: 12
Net Weight: 5.25 lbs.

Kosher: Yes
Meal Contribution:
Class: Always Available
Shelf Life:
Temperature Class: Frozen
Cook State: Fully Cooked
GTIN-12 UPC:
GTIN-14:

Sales Price Per EACH: N/A
Case Price: N/A

Ingredients:

marinara (vine-ripened fresh tomatoes, blend of extra-virgin olive oil and sunflower oil, salt, onions, sugar, black pepper, basil, oregano, parsley, and naturally derived citric acid.), Omelet Egg (Whole Eggs, Water, Soybean Oil, Modified Food Starch, Salt, Whey Solids, Nonfat Dried Milk and Citric Acid.), potato diced canned

Nutrition Facts

This is a representation of the nutritional label. The nutritional label on the product may vary.

1 servings per container	
Serving Size	7 oz.
Amount Per Serving	
Calories	220
% Daily Value *	
Total Fat 6g	7%
Saturated Fat 3.5g	18%
Trans Fat 0g	
Cholesterol 170mg	57%
Sodium 620mg	27%
Total Carbohydrate 53g	19%
Dietary Fiber 4g	13%
Total Sugars 6g	
Incl. Added Sugars 1g	2%
Protein 13g	-
Vitamin D 1mcg	6%
Calcium 106mg	8%
Iron 2mg	10%
Potassium 880mg	20%

* The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Always Available.



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Preparation and Additional Information:

Instructions for Preparation and Cooking:

For best results, keep product frozen until ready to prepare.

COOKING INSTRUCTIONS (FROZEN):

1200 Watt Microwave Oven: Microwave on high 6 to 8 minutes or until 165 degrees F. Cook thoroughly. Remove from microwave, and let stand 1 to 2 minutes. Carefully remove film cover from the tray. PRODUCT WILL BE HOT!

Preparation Instructions (frozen) Conventional Oven: Do not prepare in a Toaster oven. Preheat oven to 300 degrees F. Cook thoroughly. Bake in oven 53 to 58 minutes or until 165 degrees F. Remove from oven, and let stand 1 to 2 minutes. Carefully remove film cover from tray. PRODUCT WILL BE HOT!

Logistics Information:

Gross Weight: 6 lbs

Case Dimensions: 0 X 0 X 0

Pallet Count: 100

Cube: 0

Block and Tier: 0 and 0

The information provided above is, to the knowledge of National Food Group, true and accurate based on information provided to National Food Group; provided that National Food Group does not make any express or implied warranties with respect to any such information shall have no liability for any inaccuracies contained in any such information.

National Food Group

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