



Kosher Meal, Plain Omelet w/ Cheese 7 oz.

Product Details:

Item Number: 617936  
Pack Size: 12/7 oz.  
Serving Per Case: 12  
Net Weight: 5.25 lbs.

Kosher: Yes  
Meal Contribution:  
Class: Always Available  
Shelf Life:  
Temperature Class: Frozen  
Cook State: Fully Cooked  
GTIN-12 UPC:  
GTIN-14:

Sales Price Per EACH: N/A  
Case Price: N/A

Ingredients:

Omelet: whole eggs, lemon juice [concentrated lemon juice, less than 2% of sodium benzoate, sodium metabisulfite, sodium bisulfite, lemon oil], citric acid, water, Cheese: milk, culture, enzymes, salt, Potatoes: diced potatoes, [freshness preserved with sodium bisulfite],

Nutrition Facts

This is a representation of the nutritional label. The nutritional label on the product may vary.

Serving Size	7oz.
Amount Per Serving	
Calories	300
	% Daily Value *
Total Fat 17g	27%
Saturated Fat 6g	29%
Trans Fat 0g	
Cholesterol 610mg	204%
Sodium 320mg	13%
Total Carbohydrate 92g	31%
Dietary Fiber 7g	30%
Total Sugars 4g	
Incl. Added Sugars	-
Protein 26g	-
Vitamin D	-
Calcium	10%
Iron	8%
Potassium	-

\* The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

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### Preparation and Additional Information:

#### Instructions for Preparation and Cooking:

For best results, keep product frozen until ready to prepare.

#### COOKING INSTRUCTIONS (FROZEN):

1200 Watt Microwave Oven: Microwave on high 6 to 8 minutes or until 165 degrees F. Cook thoroughly. Remove from microwave, and let stand 1 to 2 minutes. Carefully remove film cover from the tray. PRODUCT WILL BE HOT!

Preparation Instructions (frozen) Conventional Oven: Do not prepare in a Toaster oven. Preheat oven to 300 degrees F. Cook thoroughly. Bake in oven 53 to 58 minutes or until 165 degrees F. Remove from oven, and let stand 1 to 2 minutes. Carefully remove film cover from tray. PRODUCT WILL BE HOT!

### Logistics Information:

**Gross Weight:** 6 lbs

**Case Dimensions:** 0 X 0 X 0

**Pallet Count:** 100

**Cube:** 0

**Block and Tier:** 0 and 0

The information provided above is, to the knowledge of National Food Group, true and accurate based on information provided to National Food Group; provided that National Food Group does not make any express or implied warranties with respect to any such information shall have no liability for any inaccuracies contained in any such information.

#### National Food Group

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