

# Always Available.



## Chicken, Country Fried Steak, 3.3oz, FC

### Product Details:

**Item Number:** 617909  
**Pack Size:** 50/3.3 oz.  
**Serving Per Case:** 50  
**Net Weight:** 10.312 lbs.

**Kosher:** No  
**Meal Contribution:**  
**Class:** Always Available  
**Shelf Life:** 12 Months frozen  
**Temperature Class:** Frozen  
**Cook State:** Fully Cooked  
**GTIN-12 UPC:**  
**GTIN-14:** 10850110007461

**Sales Price Per LB:** N/A  
**Case Price:** N/A

### Ingredients:

chicken breast with rib meat, water, sodium phosphates, salt. Batter and Breaded with: water, enriched bleached wheat flour (enriched with niacin, ferrous sulfate, thiamine mononitrate, riboflavin, folic acid), contains less than 2% of the following: yellow corn flour, salt, modified food starch, disodium inosinate and disodium guanylate, dextrose, leavening (sodium acid pyrophosphate, sodium bicarbonate, monocalcium phosphate), soybean oil, natural flavors, extractives of paprika. Breeding set in soybean oil.

### Allergen Statement:

Wheat

## Nutrition Facts

This is a representation of the nutritional label. The nutritional label on the product may vary.

**Serving Size** 3.3 oz. (1 patty)

Amount Per Serving

**Calories** 140

% Daily Value \*

**Total Fat** 2g 3%

Saturated Fat 0.5g 2%

Trans Fat 0g

**Cholesterol** 40mg 14%

**Sodium** 660mg 27%

**Total Carbohydrate** 14g 5%

Dietary Fiber 1g 2%

Total Sugars 0g

Incl. Added Sugars —

**Protein** 14g —

Vitamin D —

Calcium 0%

Iron 6%

Potassium —

\* The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### National Food Group

**Email:** info@nationalfoodgroup.com . **Direct:** 800.886.6866

**Fax:** 248.669.3000

46820 Magellan Dr., Suite A, Novi, MI 48377-2454

**www.nationalfoodgroup.com** . **Call Toll Free:** 800.886.6866



## Chicken, Country Fried Steak, 3.3oz, FC

### Preparation and Additional Information:

#### Instructions for Preparation and Cooking:

This product is RAW. Do not microwave. This product must be cooked to an internal temperature of 165°F prior to eating. Prepare from FROZEN state. Appliances may vary, adjust cook times and temperatures accordingly.

#### FRYER:

Preheat fryer/oil to 350°F. Deep fry in 350°F oil until internal temperature reaches 165°F as verified by a food thermometer.

#### CONVENTIONAL OVEN:

Preheat oven to 450°F. Spray baking sheet with oil. Bake in 450°F oven for approximately 10 minutes, then turn over and bake until internal temperature reaches 165°F as verified by a food thermometer.

#### PAN-FRY:

Place ¼ inch - ½ inch vegetable oil in large fry pan. Place pan over medium high heat and preheat oil to 350°F. Place product in pan and cook for approximately 4 minutes, then turn over and bake until internal temperature reaches 165°F as verified by a food thermometer

#### Instructions for Frying:

Preheat fryer/oil to 350°F. Deep fry in 350°F oil until internal temperature reaches 165°F as verified by a food thermometer.

### Logistics Information:

**Gross Weight:** 11 lbs

**Case Dimensions:** 0 X 0 X 0

**Pallet Count:** 90

**Cube:** 0

**Block and Tier:** 10 and 9

The information provided above is, to the knowledge of National Food Group, true and accurate based on information provided to National Food Group; provided that National Food Group does not make any express or implied warranties with respect to any such information shall have no liability for any inaccuracies contained in any such information.

#### National Food Group

**Email:** [info@nationalfoodgroup.com](mailto:info@nationalfoodgroup.com) . **Direct:** 800.886.6866

**Fax:** 248.669.3000

46820 Magellan Dr., Suite A, Novi, MI 48377-2454

[www.nationalfoodgroup.com](http://www.nationalfoodgroup.com) . **Call Toll Free:** 800.886.6866