

Beans, Pinto Fully-Cooked IQF

Product Details:

Item Number: 617778  
Pack Size: 45 lb.  
Serving Per Case: 205  
Net Weight: 45 lbs.

Kosher: Yes  
Meal Contribution:  
Class: Always Available  
Shelf Life: 18 months  
Temperature Class: Frozen  
Cook State: Fully Cooked  
GTIN-12 UPC:  
GTIN-14: 00810358033274

Ingredients:

Cooked PintoBeans(Water,PintoBeans)

Allergen Statement:

None



Nutrition Facts

This is a representation of the nutritional label. The nutritional label on the product may vary.

Serving Size	3.5 oz.
Amount Per Serving	
Calories	143
	% Daily Value *
Total Fat 0.65g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 1mg	0%
Total Carbohydrate 26g	8%
Dietary Fiber 9g	36%
Total Sugars 0.3g	
Incl. Added Sugars 0g	0%
Protein 9g	-
Vitamin D	-
Calcium 46mg	4%
Iron 2mg	11%
Potassium 436mg	-

\* The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

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### Preparation and Additional Information:

#### Instructions for Preparation and Cooking:

The product is ready to eat. No cooking or heating is required.

If heating is desired product can be microwaved, steamed, or sautéed.

For the microwave: Poke a small hole in the bag and microwave for about 5-6 mins per bag. these times may vary based on the type and power of the microwave.

Boil in a bag/Steam in bag: Place bag in boiling water or steamer for 5-10 minutes (2 lbs)

Sautee: Preheat the pan and add a small amount of oil. Add product and cook until heated.

### Logistics Information:

**Gross Weight:** 46 lbs

**Case Dimensions:** 0 X 0 X 0

**Pallet Count:** 40

**Cube:** 0

**Block and Tier:** 0 and 0

The information provided above is, to the knowledge of National Food Group, true and accurate based on information provided to National Food Group; provided that National Food Group does not make any express or implied warranties with respect to any such information shall have no liability for any inaccuracies contained in any such information.

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#### National Food Group

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