# Opportunity Buys.





**Nutrition Facts** 

label on the product may vary.

Saturated Fat 1.5g

Total Carbohydrate 16g

Dietary Fiber 1g

**Serving Size** 

Amount Per Serving

Calories

Total Fat 9g

Trans Fat 0g
Cholesterol 35mg

Sodium 500mg

This is a representation of the nutritional label. The nutritional

## Fish, Breaded Fingers, 1 oz.

## **Product Details:**

Item Number: 617402 Pack Size: 1/10 lb. Serving Per Case: 53 Net Weight: 10 lbs.

Sales Price Per LB: N/A Case Price: N/A Kosher: No Meal Contribution: Class: Opportunity Buy Shelf Life: 24 months frozen Temperature Class: Frozen Cook State: Fully Cooked GTIN-12 UPC: GTIN-14: 0 00 28029 49248 4

## **Ingredients:**

Fish Mixture (Pollock, Cod, Hake Or Tilapia, Minced Pollock, Tetrasodium Pyrophosphate, Salt) Coating: Enriched Wheat Flour (Flour, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Partially Hydrogenated Canola Oil, Modified Food Starch, Iodized Salt, Yellow Corn Flour, Dehydrated Parmesan Cheese (Made From Milk, Cheese Cultures, Salt and Enzymes), Sugar, Yeast, Onion Powder, Spices, Garlic Powder, Partially Hydrogenated Soybean Oil, Natural Flavor, and Oleoresin Paprika. Par-Fried in Vegetable Oil (Soybean and/or Canola Oil). Contains: Fish (Pollock, Cod, Hake, Or Tilapia).

## **Allergen Statement:**

Milk, Wheat, Soy, Egg, Crustacean Shellfish (Shrimp).

3 oz.

14%

8%

12%

21%

5% 4%

190

% Daily Value \*

Iotal Ougals Og	
Incl. Added Sugars	_
Protein 11g	-
Vitamin D	_
Calcium	0%
Iron	6%
Potassium	-

\* The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

#### **National Food Group**

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## Fish, Breaded Fingers, 1 oz.

## **Preparation and Additional Information:**

### Instructions for Preparation and Cooking:

: Designed to cook from frozen. Preheat Oven or Oil. Convection Oven: Bake at 375 degrees F. For 13 to 15 minutes. Conventional Oven: Bake at 425 degrees F. For 18 to 20 min. Deep Fry: Fry at 350 degrees F. For 3 to 3 ½ minutes or until the internal temperature reaches 155 degrees F or higher. Cooking times & temperatures may vary with equipment.

### **Logistics Information:**

Gross Weight: 11 lbs Case Dimensions: 15 X 10 X 6.25 Pallet Count: 84 Double Stack: Yes Cube: 0.543 Block and Tier: 12 and 7

The information provided above is, to the knowledge of National Food Group, true and accurate based on information provided to National Food Group; provided that National Food Group does not make any express or implied warranties with respect to any such information shall have no liability for any inaccuracies contained in any such information.

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