



Spinach, Chopped IQF

Product Details:

Item Number: 615438
Pack Size: 40 lb.
Serving Per Case: 182
Net Weight: 40 lbs.
Sales Price Per LB: N/A
Case Price: N/A
Kosher: No
Meal Contribution:
Class: Always Available
Shelf Life: 24 months
Temperature Class: Frozen
Cook State: NA
GTIN-12 UPC:
GTIN-14:

Ingredients:

Spinach 100%

Benefits and Suggested Use:

Prepared from whole or cut, clean succulent leaves & stems of fresh spinach. This leafy green is low in fat and cholesterol and an excellent source dietary fiber, Vitamin A, Vitamin C and more! Great served as a side or use in for creamed spinach, soups, stews, lasagna and casseroles

Nutrition Facts

This is a representation of the nutritional label. The nutritional label on the product may vary.

Serving Size	3.5 oz.
Amount Per Serving	
Calories	29
	% Daily Value *
Total Fat 0.57g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 74mg	3%
Total Carbohydrate 4.21g	1%
Dietary Fiber 2.9g	11%
Total Sugars 0.65g	
Incl. Added Sugars	-
Protein 3.63g	-
Vitamin D 0 IU	0%
Calcium 129mg	12%
Iron 1.89mg	10%
Potassium 346mg	9%

* The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

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Preparation and Additional Information: Logistics Information:

Gross Weight: 42 lbs

Case Dimensions: 0 X 0 X 0

Pallet Count: 42

Cube: 0

Block and Tier: 0 and 0

The information provided above is, to the knowledge of National Food Group, true and accurate based on information provided to National Food Group; provided that National Food Group does not make any express or implied warranties with respect to any such information shall have no liability for any inaccuracies contained in any such information.

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