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National food group



Shumai, Chicken and Waterchestnut, 0.9oz

Product Details:

Item Number: 614466
Pack Size: 240/0.9 oz.
Serving Per Case: 40
Net Weight: 13.5 lbs.

Sales Price Per EACH: N/A
Case Price: N/A

Kosher: No
Meal Contribution:
Class: Always Available
Shelf Life: 12 Months Frozen
Temperature Class: Frozen
Cook State: Uncooked
GTIN-12 UPC: 810358031454
GTIN-14: 00810358031454

Ingredients:

Filling: Ground Chicken, Water Chestnut, Water, Green Pea, Carrot, less than 2% of Modified Corn Starch, Sesame Oil, Soy Sauce (water, wheat, soybeans, salt, sodium benzoate: less than 1/10 of 1% as a preservative), Monosodium Glutamate, Salt, Sugar, Soybean Oil, White Pepper, Garlic Powder
Wrapper: Enriched Wheat Flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic Acid), Water, Modified Potato Starch, less than 2% of Wheat Gluten, Egg Yolk, Egg White, Salt, Sorbitol, Dough Conditioner (distilled monoglycerides), Egg Shade Color (water, propylene glycol, yellow #5, yellow #6, red #40).

Allergen Statement:

Wheat, Egg, Soy

Nutrition Facts

This is a representation of the nutritional label. The nutritional label on the product may vary.

Serving Size	5.35oz (6pc)
Amount Per Serving	
Calories	**230**
	% Daily Value *
Total Fat 8g	**12%**
Saturated Fat 2g	**10%**
Trans Fat 0	
Cholesterol 50mg	**17%**
Sodium 740mg	**31%**
Total Carbohydrate 24g	**8%**
Dietary Fiber 2g	**6%**
Total Sugars 2g	
Incl. Added Sugars	–
Protein 15g	–
Vitamin D	–
Calcium	0%
Iron	8%
Potassium	–

* The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

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Preparation and Additional Information:

Instructions for Preparation and Cooking:

Steamer Method:
Prepare the steamer by spraying a thin coat of oil or place a large cabbage leaf on the bottom of the steamer. Place frozen shumai in the steamer apart from one another. Steam about 10 minutes over high boiling water and then serve

Instructions for Frying:

Pan-Fry Method: 1. Pour 2 teaspoons of cooking oil into a frying pan. 2. Arrange 10 shumai upright on the frying pan. 3. Cook for 1 minute on MED-HIGH heat. 4. Add 1/3 cup of water to the pan. 5. Cover and simmer for about 9 minutes until the bottoms of the dumplings are golden brown.

Logistics Information:

Gross Weight: 15 lbs
Case Dimensions: 15 X 9.50 X 9
Pallet Count: 64
Cube: 0.742
Block and Tier: 8 and 8

The information provided above is, to the knowledge of National Food Group, true and accurate based on information provided to National Food Group; provided that National Food Group does not make any express or implied warranties with respect to any such information shall have no liability for any inaccuracies contained in any such information.

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