



Potsticker, Vegetable 0.63oz

Product Details:

Item Number: 612953
Pack Size: 8/2 lb.
Serving Per Case: 80
Net Weight: 16 lbs.

Kosher: No
Meal Contribution: none
Class: Always Available
Shelf Life: 18 Months frozen
Temperature Class: Frozen
Cook State: Fully Cooked
GTIN-12 UPC:
GTIN-14:

Sales Price Per EACH: N/A
Case Price: N/A

Ingredients:

Filling: Spinach, Carrots, Cabbage, Corn, Water Chestnut, Soaked Vermicelli (water, sweet potato starch), Soaked Mushroom (water, mushroom, sulfites), Soybean Oil, Sesame Oil, Less than 2% of Salt, Textured Soy Flour, Ginger, Modified Corn Starch, Disodium 5'-inosinate, Disodium 5'-guanylate, Soy Sauce (water, soybeans, wheat, salt, sodium benzoate: less than 1/10 of 1% as a preservative), White Pepper, Water.

Wrapper: Enriched Wheat Flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), Water, Tapioca Starch, Less than 2% of Wheat Gluten, Soybean Oil, Salt.

Allergen Statement:

Wheat and Soy

Nutrition Facts

This is a representation of the nutritional label. The nutritional label on the product may vary.

Serving Size	3.17 oz (5 pcs)
Amount Per Serving	
Calories	160
	% Daily Value *
Total Fat 4.5g	6%
Saturated Fat .5g	3%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 370mg	16%
Total Carbohydrate 26g	10%
Dietary Fiber 1g	5%
Total Sugars 1g	
Incl. Added Sugars 0g	0%
Protein 4g	—
Vitamin D 0mcg	0%
Calcium 22mg	2%
Iron 1mg	6%
Potassium 131mg	2%

* The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

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Preparation and Additional Information:

Instructions for Preparation and Cooking:

Must be Cooked to an Internal Temperature of 165°F or above as Measured by Use of a Thermometer.

Pan Frying:

1. Add about 1 tablespoon of cooking oil to a non-stick skillet.
2. Place 12 frozen dumplings bottom side down into the pan and cook them at medium heat.
3. Add 3 tablespoons of water to the pan, cover and simmer on medium heat for 7 minutes or the bottom of the dumplings turn golden brown.

Boiling:

1. Add 12 frozen dumplings into 8 cup of boiling water and stir.
2. Cover and simmer on medium heat for 6 minutes.
3. Remove the dumplings and serve

Instructions for Frying:

1. Preheat fryer's oil to 375°F.
2. Place 12 dumplings in the heated oil and cook for 4 to 5 minutes until dumplings turn golden brown.

Logistics Information:

Gross Weight: 17 lbs

Case Dimensions: 18.375 X 12.5 X 8

Pallet Count: 80

Cube: 1.063

Block and Tier: 0 and 0

The information provided above is, to the knowledge of National Food Group, true and accurate based on information provided to National Food Group; provided that National Food Group does not make any express or implied warranties with respect to any such information shall have no liability for any inaccuracies contained in any such information.

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