



Grits, Instant, 1oz

Product Details:

Item Number: 611727
Pack Size: 12/12-1oz
Serving Per Case: 144
Net Weight: 8.995 lbs.

Kosher: Yes
Meal Contribution:
Class: Always Available
Shelf Life:
Temperature Class: Dry
Cook State: Uncooked
GTIN-12 UPC:
GTIN-14: 10070893020895

Sales Price Per LB: N/A
Case Price: N/A

Ingredients:

Specially Processed Degerminated White Corn Grits, Salt, Calcium Carbonate, Ferric Phosphate, Soy Lecithin, BHA and Citric Acid (as preservatives), Niacin*, Thiamin Mononitrate*, Riboflavin*, Folic Acid*.
*One of the B Vitamins.

Allergen Statement:

Soy

Nutrition Facts

This is a representation of the nutritional label. The nutritional label on the product may vary.

Serving Size	1oz
Amount Per Serving	
Calories	100
% Daily Value *	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0g	—
Sodium 310mg	13%
Total Carbohydrate 22g	7%
Dietary Fiber 1g	5%
Total Sugars 0g	
Incl. Added Sugars	—
Protein 2g	—
Vitamin D	—
Calcium	10%
Iron	45%
Potassium	—

* The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

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Preparation and Additional Information:

Instructions for Preparation and Cooking:

Microwave - Conventional - Empty packet into bowl. Add 1/2 cup† boiling water; stir. Cooks right in the bowl. Microwave - Empty packet into a 2 cup microwave-safe bowl. Add 1/2 cup of water (or milk) and stir. Microwave on HIGH for 1 minute to 1 minute 15 seconds; stir. Microwave ovens vary in power. You may need to adjust cooking times. *For thicker grits, decrease liquid. For thinner grits, increase liquid.

Logistics Information:

Gross Weight: 11.301 lbs

Case Dimensions: 15.31 X 8.38 X 12.69

Pallet Count: 48

Cube: 0.942

Block and Tier: 16 and 3

The information provided above is, to the knowledge of National Food Group, true and accurate based on information provided to National Food Group; provided that National Food Group does not make any express or implied warranties with respect to any such information shall have no liability for any inaccuracies contained in any such information.

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