<u>Always</u> Available.





Grits, Yellow Enriched 200/1oz

Product Details:

Item Number: 610257 Pack Size: 200/1 oz. Kosher: Yes Serving Per Case: 200 **Meal Contribution:** Net Weight: 12.5 lbs. Class: Always Available

Shelf Life:

Temperature Class: Dry Cook State: Uncooked

> GTIN-12 UPC: **GTIN-14**:

Sales Price Per EACH: N/A Case Price: N/A

Ingredients:

Enriched degerminated yellow corn grits, ferrous sulfate, niacin thiamin mononitrate, riboflavin and folic

Allergen Statement:

May be processed in facility that processes wheat, nuts

Nutrition Facts

This is a representation of the nutritional label. The nutritional label on the product may vary.

Serving Size	1 oz.
Amount Per Serving	

Calorias

Calories	100
	% Daily Value *
Total Fat 0g	1%
Saturated Fat 0.062g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 23g	8%
Dietary Fiber 1g	4%
Total Sugars 0g	
Incl. Added Sugars 0g	0%
Protein 2g	4%
Vitamin D 0mcg Calcium 0.85mg Iron 0.31mg Potassium 20.25mg	0% 0% 2% 0%

^{*} The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

National Food Group

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Preparation and Additional Information:

Instructions for Preparation and Cooking:

Hot Water Preparation:

Empty packet into bowl. Add 1/2 cup boiling water, stir

Microwave Preparation:

Empty packet into 2 cup microwave-safe bowl. Add 1/2 cup water or milk, stir. Microwave on HIGH 1 minute to 1 minute 15 seconds, stir. Microwave ovens tend to vary in power; cooking times may vary

For thicker grits, decrease liquid; for thinner grits, increase liquid

Logistics Information:

Gross Weight: 13.57 lbs

Case Dimensions: 15.5 X 11.75 X 6.75

Pallet Count: 70 Cube: 0.711

Block and Tier: 0 and 0

The information provided above is, to the knowledge of National Food Group, true and accurate based on information provided to National Food Group; provided that National Food Group does not make any express or implied warranties with respect to any such information shall have no liability for any inaccuracies contained in any such information.

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