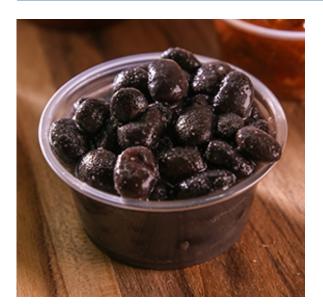
Always Available.





Nutrition Facts

This is a representation of the nutritional label. The nutritional

Beans, Black

Product Details:

Item Number: 609854 Pack Size: 4/5 lb. Bags Serving Per Case: 69 Net Weight: 20 lbs.

Sales Price Per LB: N/A Case Price: N/A Kosher: No Meal Contribution: Class: Always Available Shelf Life: 60 Days Refrigerated Temperature Class: Refrigerated Cook State: Fully Cooked GTIN-12 UPC: 829793004091 GTIN-14:

Ingredients:

Water, Black beans, Canola Oil, Salt, Modified Corn Starch, Onion Powder, Garlic Powder, and Natural Smoke Flavor.

Allergen Statement:

None listed on label

Serving Size

label on the product may vary.

4.6 oz. (1/2 cup)

Amount Per Serving Calories	130
	% Daily Value *
Total Fat 5g	6%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol Omg	0%
Sodium 450mg	20%
Total Carbohydrate 17g	6%
Dietary Fiber 4g	14%
Total Sugars 1g	
Incl. Added Sugars	_
Protein 6g	12%
Vitamin D 0mcg Calcium 36mg Iron 1mg Potassium 385mg	0% 2% 6% 8%

* The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

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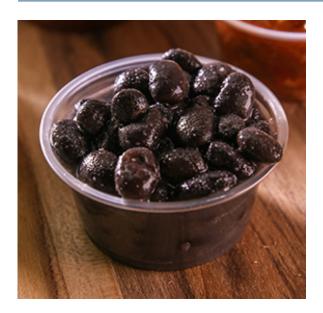
Email: info@nationalfoodgroup.com . Direct: 800.886.6866 Fax: 248.669.3000

46820 Magellan Dr., Suite A, Novi, MI 48377-2454

www.nationalfoodgroup.com . Call Toll Free: 800.886.6866

Always Available.





Beans, Black

Preparation and Additional Information:

Instructions for Preparation and Cooking:

MICROWAVE:

Place product bag in microwave making sure the flat portion of the bag is facing down. Heat product for 4 minutes. Flip the bag ½ turn, puncture 4 small holes in the bag. Heat for an additional 8 minutes. Use thermometer to measure product temperature. Product should be at least 165°F. Carefully pull bag out of microwave. Cautiously, be aware of the extremely hot steam escaping bag, cut open bag and place product on the designated deli case pan. STOVE TOP – HOT WATER

Place bag/s in pot with water (use enough water to cover bags). Heat water to about 180°F. While maintaining water temperature, let product sit in water until it reaches desired temperature. Cautiously cut open bag and place product into designated aluminum pan. Use thermometer to measure the temperature of the product. The product should be about 165°F or higher.

Heating Times: Thawed Product: 30 – 45 minutes Frozen Product: 60 – 90 minutes

Logistics Information:

Gross Weight: 21.5 lbs Case Dimensions: 14.3 X 10.3 X 8.8 Pallet Count: 55 Cube: 0.75 Block and Tier: 11 and 5

The information provided above is, to the knowledge of National Food Group, true and accurate based on information provided to National Food Group; provided that National Food Group does not make any express or implied warranties with respect to any such information shall have no liability for any inaccuracies contained in any such information.

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