

Always Available.



Hot Cereal, Grits Instant PC 144/1oz

Product Details:

Item Number: 604041

Pack Size: 144/1oz

Serving Per Case: 144

Net Weight: 9 lbs.

Kosher: Yes

Meal Contribution:

Class: Always Available

Shelf Life: 547 Days

Temperature Class: Dry

Cook State: NA

GTIN-12 UPC:

GTIN-14: 10070893020895

Sales Price Per EACH: N/A

Case Price: N/A

Ingredients:

Specially Processed Degerminated White Corn Grits, Salt, Calcium Carbonate, Ferric Phosphate, Soy Lecithin, BHA and Citric Acid (as preservatives), Niacin*, Thiamin Mononitrate*, Riboflavin*, Folic Acid*.

*One of the B Vitamins.

Allergen Statement:

Contains: Soy

Benefits and Suggested Use:

A high quality, white to off-white, instantized flake-like grain having a characteristic flavor and aroma of fresh, white hominy grits. This specially processed degerminated product cooks right in the bowl by just adding boiling water. A traditional taste of the South with great convenience. Excellent Source of Iron. Good Source of Calcium. Good Source of 4 B Vitamins.

Small dark specks which are natural to corn are occasionally found in this product. They are not harmful and will not affect the taste or texture of this product

Nutrition Facts

This is a representation of the nutritional label. The nutritional label on the product may vary.

Serving Size 1 oz.

Amount Per Serving

Calories 100

% Daily Value *

Total Fat 0g 0%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 310mg 13%

Total Carbohydrate 22g 7%

Dietary Fiber 1g 5%

Total Sugars 0g

Incl. Added Sugars —

Protein 2g —

Vitamin D —

Calcium 10%

Iron 45%

Potassium —

* The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

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Preparation and Additional Information:

Instructions for Preparation and Cooking:

Conventional:

Empty packet into bowl. Add 1/2 cup† boiling water; stir. Cooks right in the bowl.

Microwave:

Empty packet into a 2 cup microwave-safe bowl. Add 1/2 cup† water (or milk) and stir. Microwave on HIGH for 1 minute to 1 minute 15 seconds; stir. Microwave ovens vary in power. You may need to adjust cooking times.

*For thicker grits, decrease liquid. For thinner grits, increase liquid.

Logistics Information:

Gross Weight: 13.89 lbs

Case Dimensions: 12.75 X 8.25 X 14.88

Pallet Count: 48

Double Stack: Yes

Cube: 0.906

Block and Tier: 16 and 3

The information provided above is, to the knowledge of National Food Group, true and accurate based on information provided to National Food Group; provided that National Food Group does not make any express or implied warranties with respect to any such information shall have no liability for any inaccuracies contained in any such information.

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