



Sunflower Kernels, Unsalted, IW, 1oz

Product Details:

Item Number: 603644
Pack Size: 200/1 oz.
Serving Per Case: 200
Net Weight: 12.5 lbs.

Kosher: Yes
Meal Contribution: - None -
Class: Always Available
Shelf Life: 9 Months
Temperature Class: Dry
Cook State: NA
GTIN-12 UPC:
GTIN-14:

Sales Price Per EACH: N/A
Case Price: N/A

Ingredients:

Sunflower Kernels.

Allergen Statement:

Packed on equipment that processes peanuts, tree nuts, soy, milk and wheat.

Benefits and Suggested Use:

Raw, unsalted sunflower seeds. Great lunch side or snack item. Each serving provides 6 grams of protein and 8% USRDA of iron.

Nutrition Facts

This is a representation of the nutritional label. The nutritional label on the product may vary.

Serving Size	1 oz.
Amount Per Serving	
Calories	166
	% Daily Value *
Total Fat 14g	22%
Saturated Fat 1g	6%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 1mg	0%
Total Carbohydrate 6g	2%
Dietary Fiber 3g	13%
Total Sugars 3g	
Incl. Added Sugars	—
Protein 6g	—
Vitamin D	—
Calcium	2%
Iron	8%
Potassium 181	—

* The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

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Preparation and Additional Information: Logistics Information:

Gross Weight: 14.38 lbs

Case Dimensions: 0 X 0 X 0

Pallet Count: 63

Double Stack: No

Cube: 0

Block and Tier: 9 and 7

The information provided above is, to the knowledge of National Food Group, true and accurate based on information provided to National Food Group; provided that National Food Group does not make any express or implied warranties with respect to any such information shall have no liability for any inaccuracies contained in any such information.

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